



## Marshfield School District Wellness Committee Agenda

**Date:** Tuesday, January 26, 2016

**Location:** High School Library

**Attendees:** Kendra Ferrerya, Beth Parimanath, Josh Miller, Brittney King, Shelly Schneider, Lea Hanke, Jill Kupfer, Tami Wolff, Stacey Weichelt, Laura Zelenak

- 1) Welcome and Introductions
- 2) Review December Minutes and Action Items
  - a. Laura brought walking path maps to meeting.
  - b. Stacey has uploaded the committee achievements document on the school food service website.
  - c. School wellness survey was completed and implemented.
  - d. Laura connected Scott Huff (Lincoln) and Amy Fassler (High School) with Sue Anderson and Jonathan Rivin to carry out food waste studies.
- 3) Policy Awareness Survey
  - a. Confirm School Representatives (esp. Grant): Brittney King (PE Teacher at Grant) was confirmed as the Wellness Committee School Representative.
  - b. Review survey results: Not all the surveys had been submitted yet but the information showed that overall knowledge of the wellness policy district-wide is less than 50%, with four schools (Middle School, Grant, Madison, and Washington) having awareness of 50% or more. Many comments on resources were provided by the survey including comments about water promotion, healthier food at lunch, physical activity, food cards, and healthy snacks/giveaways.  
**Action:** CCO will collect missing information and send a final report to committee members.  
**Action:** Laura will email Nasonville to suggest asking their PTO for funds for food to use with the food cart.
  - c. Next steps on Wellness Bags:
    - i. Committee members suggested contacting Deb E. before the next meeting to set up a plan as she was integral in the last wellness bag distribution. **Action:** CCO will contact Deb to create plan for Wellness Bags for this year.
    - ii. At previous meetings, a Valentine's Day/Easter (March 27) timeline was discussed which is only a couple weeks away.
    - iii. Attendees discussed possible items to include in the wellness bags such as water bottles and ball chairs (all grades), pencils/pens/highlighters, YMCA guest pass, movie tickets (high/middle school), and stickers, shoelace charms, and stress balls (elementary). Committee members stated that bags and water bottles had been donated by SHP in the past and questioned whether that could be done again or by Marshfield Clinic.  
**Action:** CCO will look into sourcing suggested incentives from SHP or Marshfield Clinic.





4) Farm to School Update

- a. The national Farm to Cafeteria Conference will be held in Madison from June 2-4 this year. Scholarships are available to faculty should they wish to attend. **Action:** If interested in attending, contact Sue Anderson at [sue.eric.anderson@gmail.com](mailto:sue.eric.anderson@gmail.com) about scholarships and any other questions pertaining to the Farm to Cafeteria Conference.

5) Website Feedback from all

- a. Feedback on the website was positive. It is well-organized and easy to navigate. It was noted that, locating the wellness pages might be difficult, since School Wellness is listed under the "Food Service" tab. Members also noted that they were unable to find the 'School Wellness' policy on the site. **Action:** Stacey will ask about changing the tab to read 'Food Service/School Wellness.'

**Future Meetings**

Tuesday, March 1, 3:30-4:30, High School Library

Tuesday, April 5, 3:30-4:30, High School Library

Tuesday, May 10, 3:30-4:30, High School Library

